

BAC: BLOOD ALCOHOL CONTENT THE % OF ALCOHOL IN YOUR BLOOD
 If I had a set of scales that would tell me how many drinks I can have, I would be a doctor!

12 OZ BEER (5% ALCOHOL) 5 OZ WINE (12% ALCOHOL) 1.5 OZ SHOT (40% ALCOHOL)

IF YOU ARE UNDER 21, IT IS AGAINST THE LAW TO CONSUME OR POSSESS ALCOHOL

FEMALES AFTER 1 HOUR OF DRINKING

		BODY WEIGHT (IN POUNDS)							
		100	120	140	160	180	200	220	240
1	1	0.04	0.02	0.02	0.02	0.02	0.01	0.01	0.01
	2	0.09	.07	0.06	0.05	0.04	0.04	0.03	0.03
	3	0.14	.12	0.1	0.08	0.07	0.06	0.06	0.05
	4	0.19	.16	0.13	0.12	0.1	0.09	0.08	0.07
	5	0.24	.21	0.17	0.15	0.13	0.12	0.1	0.09
	6	0.29	.25	0.21	0.18	0.16	0.14	0.13	0.12
	7	0.34	.30	0.24	0.21	0.19	0.17	0.15	0.14
	8	0.39	.34	0.28	0.24	0.21	0.19	0.17	0.16
	9	0.45							

FEMALES AFTER 2 HOURS OF DRINKING

FEMALES AFTER 3 HOURS OF DRINKING