



BAL-A-VIS X[®]

APRIL 22 & APRIL 23, 2023 9:00 AM - 4:00 PM

USF College of Education, TECO Hall (Tampa campus)

Registration Fee: \$200

Register at: tinyurl.com/anchinbvx

Participants will receive a comprehensive overview of the Bal-A-Vis X program, including the history, philosophy, and research that informs the practice. The program is designed to be a transformative experience for participants, providing them with the knowledge and skills necessary to implement the program in their own classrooms. The program is a unique blend of theory and practice, and participants will have the opportunity to engage in hands-on activities and discussions throughout the training. The program is a must-attend for anyone interested in the field of physical education and health, fitness, and wellness. The program is a unique opportunity for participants to learn from the experts in the field and to gain the skills and knowledge necessary to implement the program in their own classrooms. The program is a comprehensive overview of the Bal-A-Vis X program, including the history, philosophy, and research that informs the practice. The program is designed to be a transformative experience for participants, providing them with the knowledge and skills necessary to implement the program in their own classrooms. The program is a unique blend of theory and practice, and participants will have the opportunity to engage in hands-on activities and discussions throughout the training. The program is a must-attend for anyone interested in the field of physical education and health, fitness, and wellness. The program is a unique opportunity for participants to learn from the experts in the field and to gain the skills and knowledge necessary to implement the program in their own classrooms.

THE WHY – Rationale & Research

The Bal-A-Vis X program is based on a strong foundation of research and evidence-based practice. The program is designed to be a transformative experience for participants, providing them with the knowledge and skills necessary to implement the program in their own classrooms. The program is a unique blend of theory and practice, and participants will have the opportunity to engage in hands-on activities and discussions throughout the training. The program is a must-attend for anyone interested in the field of physical education and health, fitness, and wellness. The program is a unique opportunity for participants to learn from the experts in the field and to gain the skills and knowledge necessary to implement the program in their own classrooms.

THE HOW – Top 3 Learner Objectives for Participants

Participants will be able to: 1. Understand the history and philosophy of the Bal-A-Vis X program. 2. Implement the Bal-A-Vis X program in their own classrooms. 3. Evaluate the effectiveness of the Bal-A-Vis X program. The program is a comprehensive overview of the Bal-A-Vis X program, including the history, philosophy, and research that informs the practice. The program is designed to be a transformative experience for participants, providing them with the knowledge and skills necessary to implement the program in their own classrooms. The program is a unique blend of theory and practice, and participants will have the opportunity to engage in hands-on activities and discussions throughout the training. The program is a must-attend for anyone interested in the field of physical education and health, fitness, and wellness. The program is a unique opportunity for participants to learn from the experts in the field and to gain the skills and knowledge necessary to implement the program in their own classrooms.

Participants will have an additional opportunity to purchase personal sets of table-top equipment at the end of the training.

MEET YOUR FACILITATORS



KATY AND OSCAR HELD

Founder and Son, Purposeful Movement, Ann Arbor, Michigan

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EMAIL: <https://www.bal-a-vis-x.com> | <https://www.purposeful-movement.com>

RESOURCE: <https://www.bal-a-vis-x.com/resources>

SEE US ON YOUTUBE: https://youtu.be/_mbQv34Zs-w