

## Research on

### Invited Presentations

June, 2010

VA Hospital Endocrinology Lecture Series; Tampa, Florida  
*"Myths and Mischief in Nutritional and Pharmacological Recommendations for Patient Care"*

April, 2011

USF Distinguished Lecture Series: "Dinner with a Scholar"  
*"Myths and Misinformation About Saturated Fat and Cholesterol: How Bad Science and Big Business Created the Obesity Epidemic"*

June, 2011

J.A. Haley Veterans Hospital Endocrinology Lecture Series; Tampa, Florida  
*"Banting-Atkins Diet, Instead of Medication, as an Effective Treatment for Obesity, Heart Disease and Type II Diabetes"*

May, 2012

Center for Obesity, Assessment, Study, and Treatment (COAST),  
University of California, San Francisco  
*"Myths and Deception in Research on Cholesterol and Dietary Fat: How Bad Science, Government Intervention and Big Business Contributed to the Obesity Epidemic"*

November, 2012

Fourth International Conference on Cardiac Sciences, Al Ahsi, Saudi Arabia  
**Session Chair: Stress, Atherosclerosis and Coronary Heart Disease**

Talk 1: *"A Critical Appraisal of Current Dietary Guidelines: How Bad Science, Politics and Profits Contributed to the Obesity and Heart Disease Epidemics"*

Talk 2: *"A Rigorous Assessment of Claims that Cholesterol-Reducing Treatments are Safe and Effective at Reducing Cardiovascular Outcomes and Mortality"*

April, 2013

Dept. of Biobehavioral Health and Pharmacology, Pennsylvania State University  
*"A Critical Appraisal of Current Dietary Guidelines: How Bad Science, Politics and Profits Contributed to the Obesity Epidemic"*

September, 2013

Department of Internal Medicine, College of Medicine, Univ. of So. Dakota  
*"A Rigorous Assessment of Claims that Cholesterol-Reducing Treatments are Safe and Effective at Reducing Cardiovascular Events and Mortality"*

October, 2013

Dept. of Psychology, University of South Florida  
*"Methodological Mischief in Diet and Cholesterol Research"*

May, 2015

VA Hospital Endocrinology Lecture Series; Tampa, Florida  
*"How Deceptive Statistics Created the Appearance that Statins are Safe and Effective at Improving Cardiovascular Disease Outcomes"*

July, 2015

Riga Diabetes & Obesity World Congress, Riga, Latvia

Lecture 1: *“Deceptive Statistics have Created the False Appearance that Statins are Safe and Effective in the Treatment of Cardiovascular Disease”*

Lecture 2: *“A Critical Appraisal of Current Dietary Guidelines: How Bad Science, Politics and Profits to the Diabetes and Obesity Epidemics”.*

November, 2015

Institute for Human & Machine Cognition, Ocala, Florida

*“Demonization and Deception in Cholesterol Research: Separating Fact From Profitable Fiction”*

January, 2016

University of South Florida, Tampa

1st Annual Conference on Nutritional Ketosis and Metabolic Therapeutics

*“Myths and Misinformation on Dietary Fat, Obesity and Heart Disease – the Sordid History of the War on Saturated Fat”*

February, 2016

International Cardiology & Cardiovascular Medicine Summit-2016

Dubai, United Arab Emirates

**Keynote Lecture:** A Rigorous Assessment Of Claims That Cholesterol-Reducing Treatments Are Safe And Effective At Reducing Cardiovascular Outcomes And Mortality

**Lecture 2:** Critical Appraisal Of Current Dietary Guidelines: How Bad Science, Politics and Profits Contributed To The Obesity and Heart Disease Epidemics

September, 2016

Fifth Global Symposium on Ketogenic Therapies, Banff, Canada

*“Challenging Conventional “Wisdom” That a High Fat Diet is Hazardous to Health”*

September, 2016

12th Congress of the International Society for the Study of Fatty Acids and Lipids; Stellenbosch University, Matieland, Stellenbosch, South Africa

*“Sense and nonsense in the war on saturated fat”*

February, 2017

University of South Florida, Tampa

2nd Annual Conference on Nutritional Ketosis and Metabolic Therapeutics

*“A Rigorous Assessment of the Myths that Cholesterol Causes Cardiovascular Disease”*

April, 2017

Nutricia Ketoconference 2017, London, England;

**Royal College of Physicians**

*“An Assessment of Myths on Cardiovascular Risks of a High Fat Diet”*

May, 2017

Institute for Human & Machine Cognition, Pensacola, Florida

*“Demonization and Deception in Cholesterol Research”*

June, 2017

NYU Alumni Club Presents: An Evening with David Diamond, PhD

*“Demonization and Deception in the War on Saturated Fat and Cholesterol.”*

July, 2017

VA Brain Heart Consortium Meeting, Columbia, South Carolina  
*“Biomarkers, Animal Models, Treatments, and Controversy in PTSD and Heart Disease Research”*

January, 2018

Low Carb West Palm 2018  
*“Demonization and Deception in Cholesterol Research”*

March, 2018

Low Carb Breckenridge 2018  
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**Book Chapters and Letters to the Editor**  
Ravnskov, U.,